



Health and Wellbeing Profile – South West Chilterns Community Board

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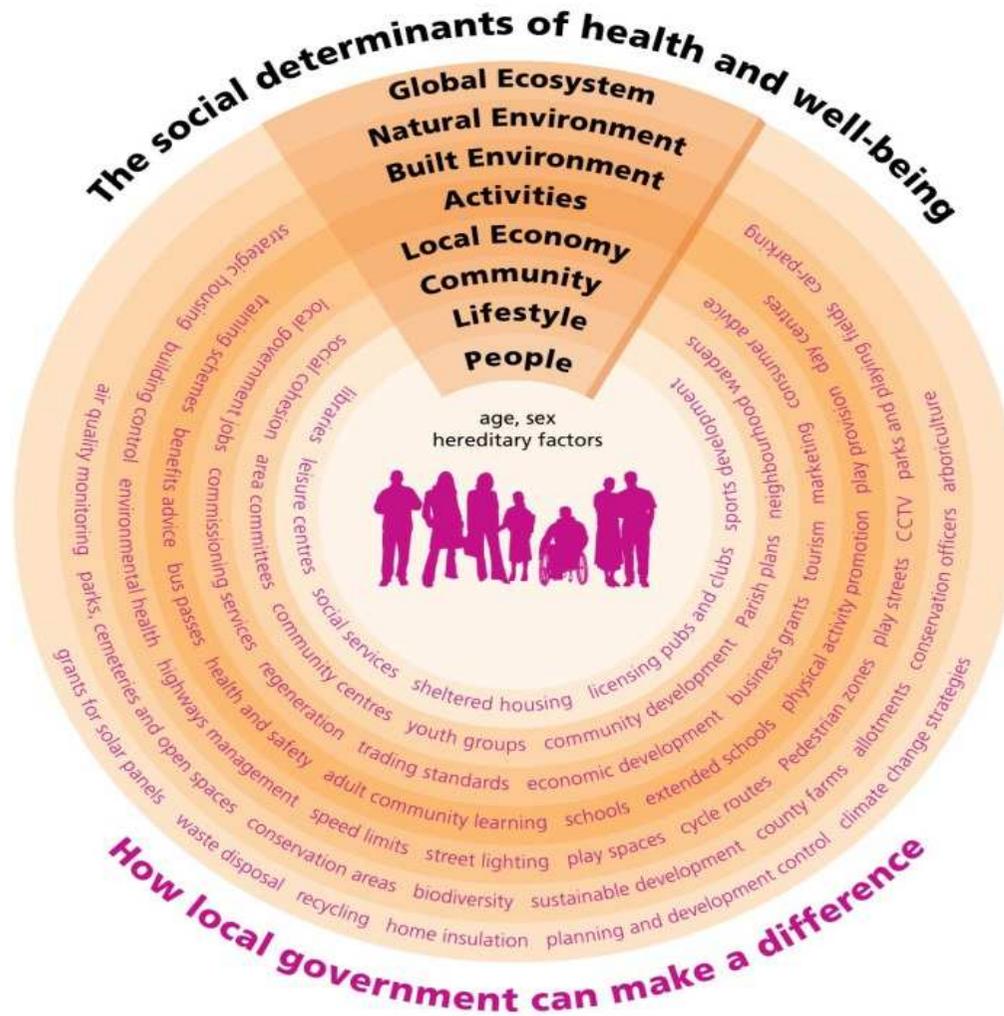
Public Health Team, Buckinghamshire Council



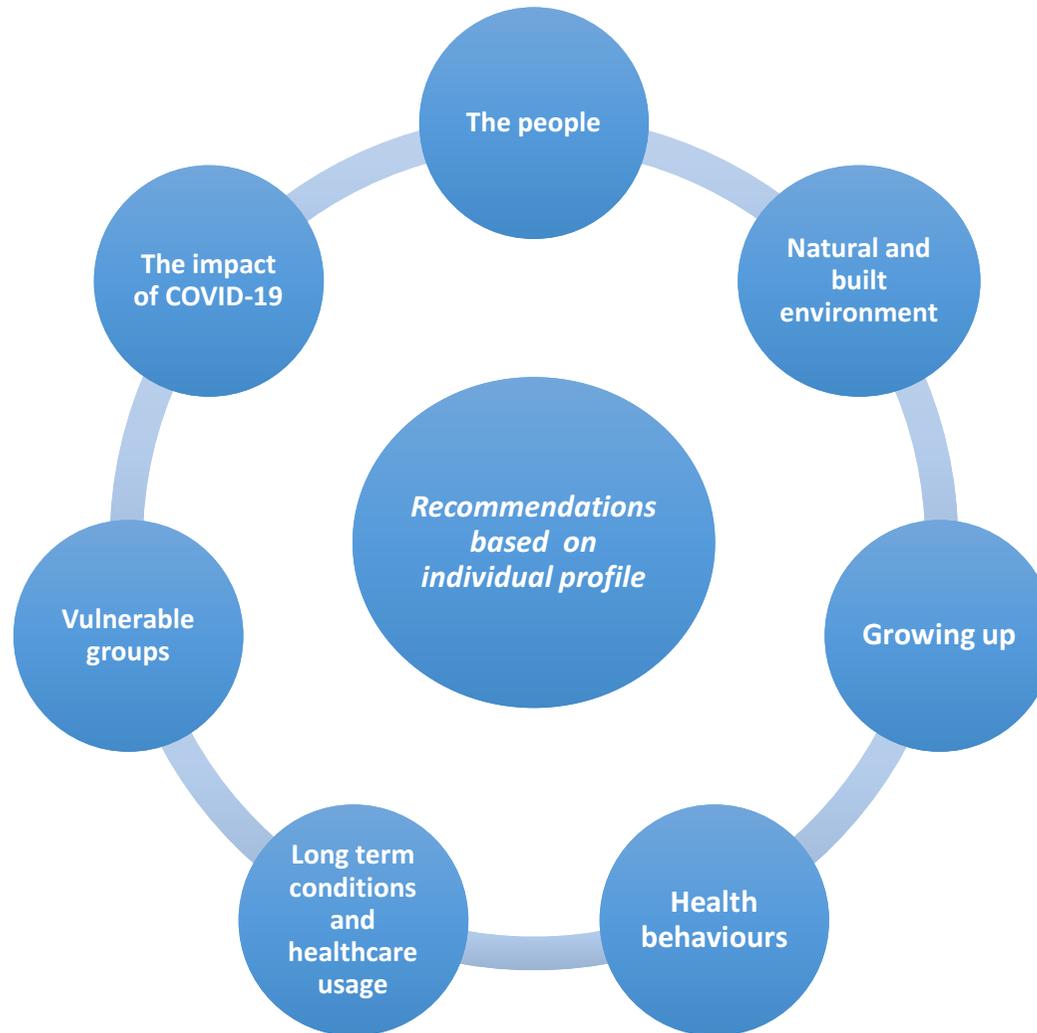
Introduction to the profile

- The community we live in is one of the most important factors for our health, from before we are born right up until the end of our lives
- The indicators included in this profile are all important markers of the health and wellbeing of the local community
- The profile highlight areas where things are going well, but also importantly where improvements can be made **to help inform priority setting for current local health and wellbeing needs**
- Strong communities will be a key driver for recovery from the impact of the COVID-19 pandemic

What influences our health?



Structure of the profile

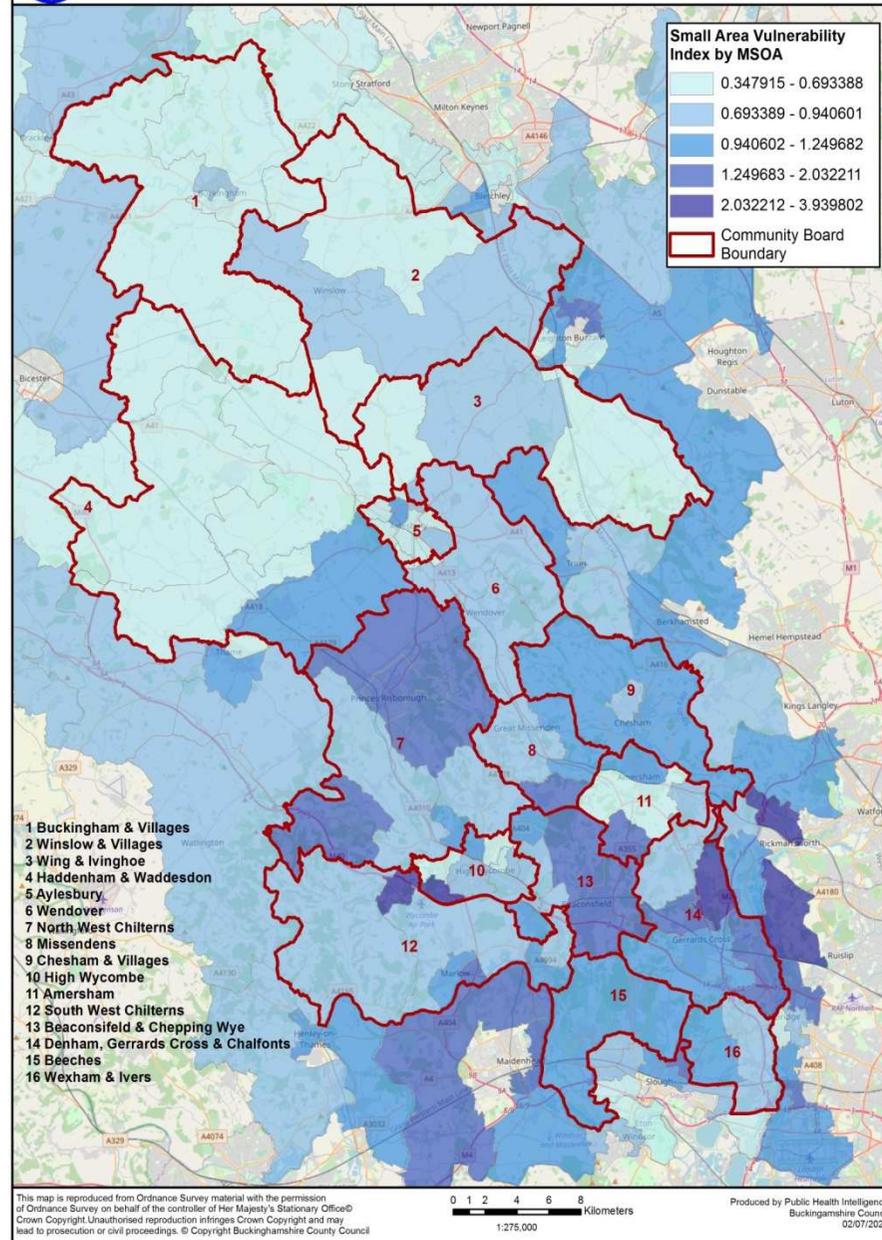


The impact of COVID-19 on communities

- COVID-19 has been shown to have a differential impact on communities
- Factors such as **older age, male sex, being from a Black, Asian or Minority Ethnic (BAME) group, residing in a more deprived area, occupation and certain long-term conditions** (e.g. diabetes, obesity) are associated with a greater risk of infection or a poorer outcome following infection
- ***What have been the impacts of COVID-19 in your community? What are you hearing from your community members about how COVID-19 has impacted their day to day lives?***



Small Area Vulnerability Index in Buckinghamshire,
by Middle Super Output Area (MSOA), June 2020



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<https://pldr.org/2020/06/18/exploring-the-vulnerability-to-covid19-between-communities-in-england/>

Important considerations

- This profile is a high level overview of health and wellbeing indicators from existing data sources. Communities will have more intelligence on local issues and **importantly assets** which can be incorporated into the full picture of local needs and how they can best be met
- Many of the indicators are presented in comparison to the other community boards or the County overall. Therefore, some community boards will by definition perform “better” or “worse” than others. Please also refer to the national (England) reference values where available for wider context.

Recommendations based on the profile

1. Reducing **smoking**, **childhood obesity** and **physical inactivity** are key areas as they are major causes of preventable ill health and death
2. Risk of cancer is linked to a number of behavioural factors. Screening and early detection do not prevent cancer but are linked to better outcomes.
3. Exploration of **local dementia friendly initiatives**
4. **Promotion of NHS Health Checks**
5. Programmes to build community cohesion or encourage befriending

Public Health Buckinghamshire need your help

- Buckinghamshire Council's Public Health team has launched its new '**Buckinghamshire Coronavirus Health & Wellbeing Survey**'. The survey aims to understand how residents in Buckinghamshire have been affected by the Coronavirus pandemic including how the lockdown and its consequences have impacted their daily lives and health and wellbeing. The information collected through the survey will be used to help tailor the local recovery throughout the county following the impact of Coronavirus.
- To make sure we get a representative response we would be grateful if you could promote to your residents and encourage them to complete the survey:
- <https://yourvoicebucks.citizenspace.com/public-health/coronavirus-ph-survey/>